

## **SUSAN G. SALVO, BEd, LMT, NTSA, CI, NCTMB**

**THE THERAPIST.** Susan Salvo is a Licensed Massage Therapist, Natural Therapeutic Specialist, and a Certified Instructor. Ms. Salvo holds an associate in history and a baccalaureate in education from McNeese State University, where she is currently working on her master's degree. She received her massage training from the New Mexico School of Natural Therapeutics in Albuquerque where she completed a 1000-hour program in 1982. Ms. Salvo's training includes: cadaver labs, polarity, infant massage instructor, myotherapy, Trager, Hakomi, reflexology, sports massage, craniosacral therapy, watsu, neuromuscular therapy, body mobilization techniques, and spa specialist. She has studied under many talented people including Bonnie Prudden, Ben Benjamin, Bob King, Benny Vaughn, Maria Mathias, and Harold Dull.

She owns and operates "Bodyworks Massage Therapy by Susan Salvo and Associates" which she founded in Lake Charles in 1983. Bodyworks specialize in deep Swedish, relaxation massage, watsu, and spa packages. Ms. Salvo is a charter member of the Louisiana Chapter of the American Massage Therapy Association and has served as: President, Second Vice President, Secretary, Chairman of the Board, and Education Director. In 1989 she was honored with the title "Member of the Year" by the Louisiana AMTA. Ms. Salvo is nationally certified by the National Certification Board for Therapeutic Massage and Bodywork. In 1987 she founded the Louisiana AMTA sports massage team, which is still active today.

**THE AUTHOR.** Ms. Salvo is a nationally known author, having written the best-selling textbooks Massage Therapy: Principles and Practice and Mosby's Guide to Pathology for the Massage Therapist, both of which are published by Elsevier. Ms. Salvo has contributed to the National Certification Exam as a member of their test item writing committee. She participated with the Federation of State Massage Therapy Boards as a member of their standard setting team. Ms. Salvo is one of the initial task force members of the Massage Therapy Body of Knowledge Project. She has contributed a chapter on "Geriatric Massage" for Modalities for Massage and Bodywork published by Elsevier. For the text Teaching Massage, produced by the Associated Bodywork Massage Professionals, she contributed the chapter entitled "Teaching Massage to Students with Special Needs" published by Lippincott, Williams, and Wilkins. Salvo co-authored a chapter entitled "Draping and Basic Massage Strokes" for Muscle and Bone Palpation Manual with Trigger Points, Referral Patterns, and Stretching published by Elsevier. In 2009 -2010, she created a series of online pathology courses based upon her book, Mosby's Guide to Pathology for the Massage Therapist. She is also the former technical writer for Sportsworld.

**THE INSTRUCTOR.** As an educator, Ms. Salvo has been instructing adult learners since 1983. Ms. Salvo is the owner and director of the Louisiana Institute of Massage Therapy ([www.LaMassageSchool.com](http://www.LaMassageSchool.com)). She teaches a wide range of massage techniques, but her specialties are entry level massage techniques, musculo-skeletal anatomy and pathology. Ms Salvo is one of the featured experts interviewed in the documentary film, History of Massage Therapy in the United States released in 2007.

She was also a speaker at the 36th Annual Institute on Oncology Nursing in 2009. In 2010 she was a featured presenter at the American Massage Therapy Association's National Convention in Minneapolis on the topics of "Geriatric Massage" and "Massage and Cancer". Also in 2010, Ms. Salvo was a speaker at the following venues:

- World Massage Conference – Massage for Cancer Patients
- Massage Therapy Radio – Geriatric Massage
- ABMP Webinar – Teaching Massage: Technology in the Classroom
- LA Chapter of AMTA State Workshop – Cardiovascular Pathologies

She is on the advisory board for the American Pregnancy Massage Association. She is a well-known and talented instructor, who guest lectures at massage schools, hospitals, and universities across the country. She has also created several instruction massage videos on YouTube.

**THE AWARDS.** In 1995, Louisiana Governor Edwin W. Edwards presented Ms Salvo with the Pacesetter Award for business achievement. Later that year, she was honored with the title, "Business Person of the Year" by the American Business Women's Association. The following year, she received the 1996 State Small Business Person of the Year Award from Louisiana Governor Murphy J. "Mike" Foster, and the first Eagle Award for Business Achievement by the Calcasieu Parish Police Jury. In 1997 the Times of Lake Charles featured her as one of "Forty Under Forty" for long-standing achievement. In 1998, she was honored with a front page photo and article on the local paper, the Lake Charles American Press. In 2003, she was presented with a Lifetime Achievement Award from the Louisiana AMTA chapter for her contributions to the profession.